



137 North Peters Rd
Knoxville, TN 37923

(865) 966-9733
www.traditionalshaolin.com

Evening Classes

Mondays

5:00 pm Introductory
(Kids All Ages)
5:30 pm Kung Fu
(Children Beginners)
6:10 pm Kung Fu
(Children Advanced)
6:30 pm Internal

Classes end @ 7:15pm

Tuesdays

5:30 pm Shaolin Kids
(Young Children)
6:00 pm Introductory
(Adults Kung Fu & Internal)
6:30 pm Kung Fu
(Adult Beginners)
7:30 pm Kung Fu
(Adult Intermediate)

Classes end @ 8:15pm

Wednesdays

5:00 pm Introductory
(Kids All Ages)
5:30 pm Kung Fu
(Children Beginners)
6:10 pm Kung Fu
(Children Advanced)
6:30 pm Internal

Classes end @ 7:15pm

Thursdays

5:30 pm Shaolin Kids
(Young Children)
6:00 pm Introductory
(Adults Kung Fu & Internal)
6:30 pm Kung Fu
(Adult Beginners)
7:30 pm Kung Fu
(Adult Intermediate)

Classes end @ 8:15pm

Morning Classes

Tuesdays

10:30 am Internal
11:00 am Kung Fu
(Adults All Ranks)

Classes end @ 12:00pm

Thursdays

10:30 am Internal
11:00 am Kung Fu
(Adults All Ranks)

Classes end @ 12:00pm

Saturdays

10:30 am Kung Fu
(Children Beginners & Advanced)
11:00 am Kung Fu
(Adults All Ranks)

Classes end @ 12:00pm

Saturday's classes / along with all other extra classes are posted on the website

Internal classes consist of Tai Chi, Chi Kung, Pa Kua, Hsing I, Meditation, & more

Advanced Children attend Beginners Classes as well.